

TABLE OF CONTENT





2019 ACTIVITIES SUMMARY	2
RISK ASSESSMENT & TEST DISTRIBUTION PLAN	3
AMPLE COLLECTION	5
THERAPEUTIC USE EXEMPTIONS	11
EDUCATION	13
GLOSSARY	16





2019 ACTIVITIES SUMMARY

- ✓ 161 Urine and 13 hGH samples were collected In Competition and Out of Competition during the 2019 ITTF Testing Programme.
- ✓ Of the 83 OOC test attempts coordinated by the ITA on behalf of ITTF, 13% were unsuccessful. The average across other sports is 10%.
- ✓ The ITA coordinated IC testing at 16 ITTF events between Jan-Dec 2019 collecting 89 Urine and 9 hGH samples.
- ✓ The ITA did not process any Anti-Doping Rule Violations for ITTF in 2019.







RISK ASSESSMENT & TEST DISTRIBUTION PLAN





RISK ASSESSMENT & TDP

RISK ASSESSMENT

In collaboration with the ITTF, ITA elaborated a Risk Assessment aligned with WADA's ISTI. This service includes:

- ✓ the collection of a large spectrum of data that influence the risk of doping in Table Tennis
- the integration of this material in a structured methodology that assess the Physiological / Country / Individual Risks
- ✓ the analysis and combination of all the relevant parameters to provide the prerequisites for an effective and proportionate Test Distribution Plan

Please refer to the 'ITTF Risk Assessment update' document which was sent in January 2019.

TEST DISTRIBUTION PLAN

Based on the outcomes of the Risk Assessment, ITA in consultation with ITTF, developed a tailor-made TDP that prioritizes appropriately between: physiological risk, athletes (country, performance & testing history risks), periods during the season, types of testing, types of samples collected and types of analysis according to the TDSSA. This TDP was also updated regularly as and when additional and relevant information was provided such as APMU recommendations and intelligence.

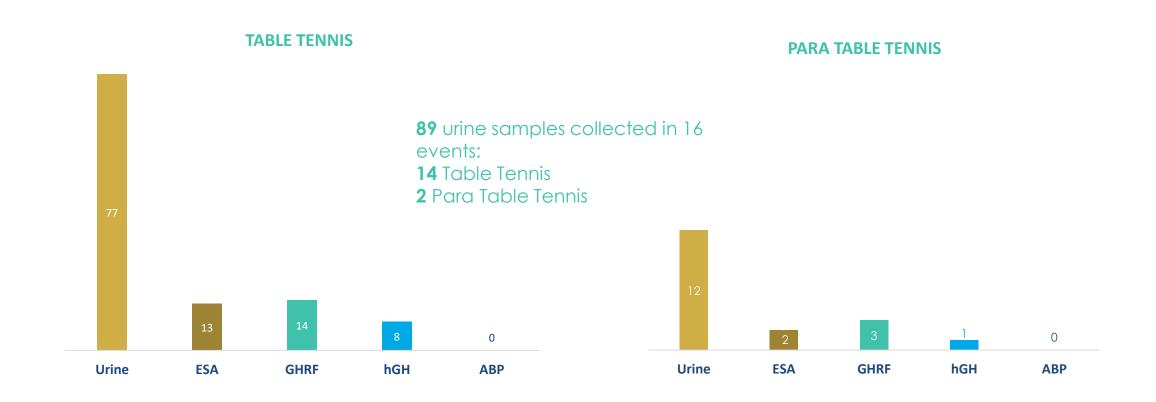


IN-COMPETITION TESTING

JAN-DEC 2019

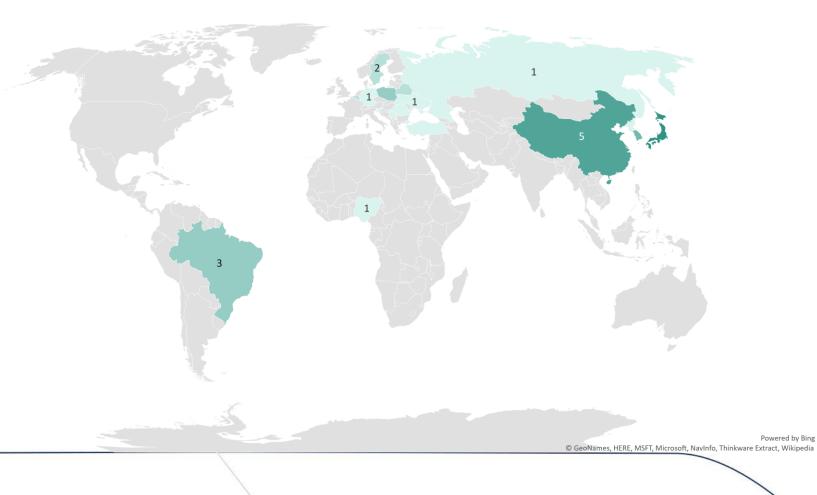






RTP/TP: COUNTRY HEATMAP

40 ATHLETES IN 2019







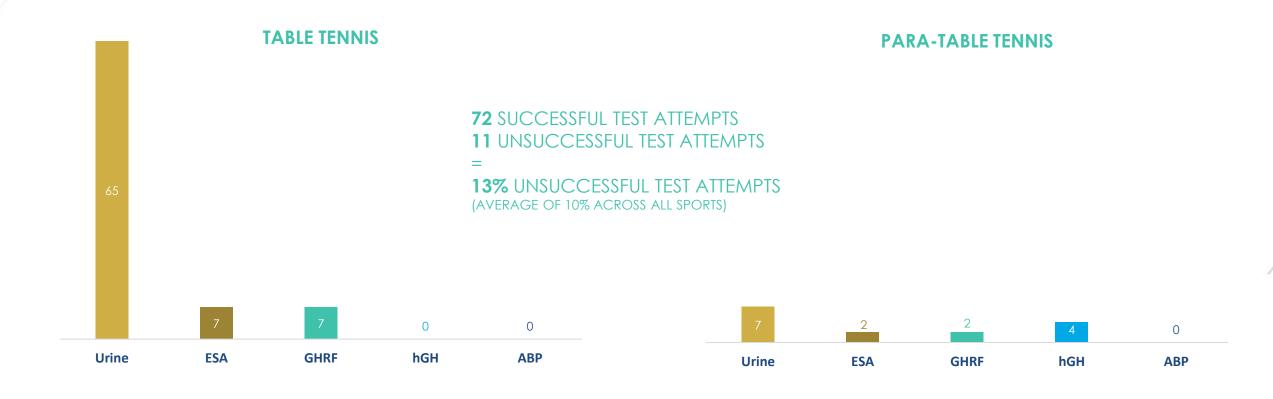
Belarus	2
Belgium	2
Brazil	3
China	5
Chinese Taipei	2
Democratic People's Rep. Of Korea	1
Germany	1
Hong Kong	1
Japan	6
Nigeria	1
Poland	3
Republic of Korea	4
Romania	1
Russia	1
Serbia	1
Singapore	1
Slovenia	1
Sweden	2
Turkey	1
Ukraine	1

OUT-OF-COMPETITION TESTING

JAN-DEC 2019





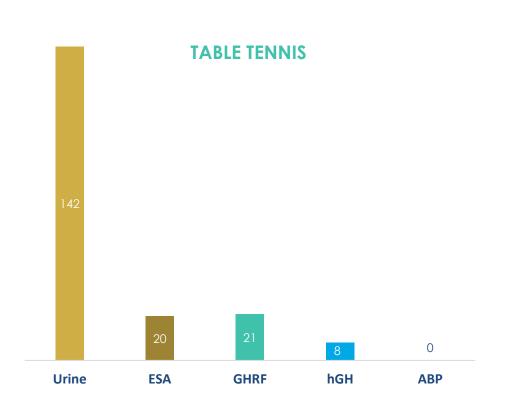


TOTAL PROGRAMME

IC & OOC TESTING



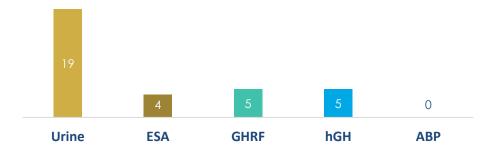








PARA-TABLE TENNIS



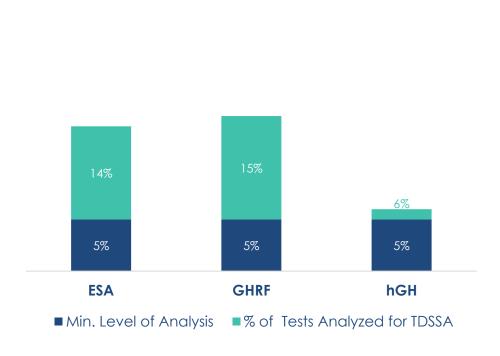
ANALYSIS LEVELS: ESA, hGH, GHRF

IC & OOC TESTING

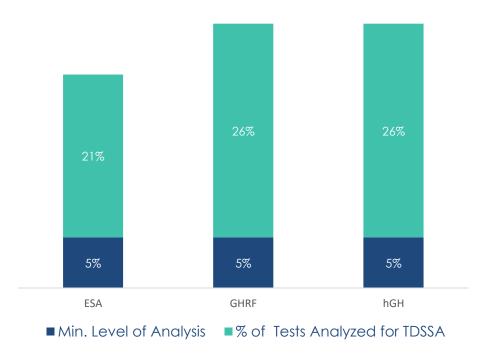




ANALYSIS LEVELS FOR TABLE TENNIS



ANALYSIS LEVELS FOR PARA-TABLE TENNIS





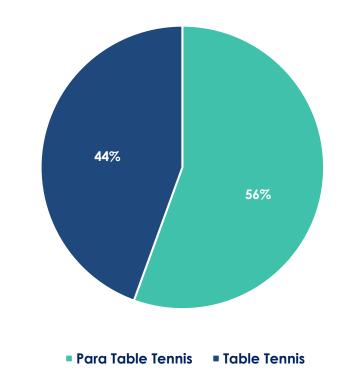
THERAPEUTIC USE EXEMPTIONS







TUE REQUESTS PER DISCIPLINE







EDUCATION













2019 LEARNING ACTIVITY

EVENT

2019 ITTF WORLD JUNIOR TABLE TENNIS CHAMPIONSHIPS Korat, Thailand November 26-28

TYPE OF ACTIVITY

Presentation & booth



- ✓ The booth activation resulted in some very positive interactions with athletes and coaches. Most common questions were around medications and supplements, as well as general inquiries about the doping control process from those athletes who have never been tested. The presentation was also well received by the attendees.
- ✓ Unfortunately, the presentation was attended by only 12 people a number that is not representative of the size of the event. In order for future educational initiatives to be worthy of the IF investment and considered compliant with the new Code and International Standards for Education, we recommend the following:
 - Mandatory attendance the ITA is happy to provide suggestions on how to incorporate mandatory education in future events.
 - Pre-event promotion it is crucial that the IF/LOC promotes face-to-face education activities. Promotion strategies include pre-event communication, signage, at-event announcements etc. The ITA is happy to provide further suggestions.





2019 LEARNING ACTIVITY

- ✓ Youth events should continue to be prioritized for antidoping education – this is in line with the 2021 Code and Standards. Budget and capacity permitting, major senior events should also have an education programme component with a goal of reinforcing antidoping knowledge of the athletes and entourage.
- ✓ It is also suggested to explore the option of running educational programmes at international training camps instead of major events such as World Championships. Ability to ensure high attendance should continue to be the main consideration when planning future activities.





GLOSSARY





AAF Adverse Analytical Finding

ABP Athlete Blood Passport

ADRV Anti-Doping Rule Violation

APMU Athlete Passport Management Unit

ATF Atypical Finding

Erythropoiesis-stimulating agents

GHRF Growth Hormone Releasing Factors

hGH Human Growth Hormone

IC In-Competition Testing

IRMS Isotope-ratio mass spectrometry

ISTI WADA International Standard for Testing and Investigations

OOC Out-Of-Competition Testing

RTP Registered Testing Pool

TDSSA Technical Document for Sport Specific Analysis

TP Testing Pool

TPVC Third-Party Variable Costs

TUE Therapeutic Use Exemption